

Centros Deportivos Socio Culturales Militares



CDSCM "CAMPO LONGO"

PONTEVEDRA

LOCATION

C/Espincelo 3, Campolongo
36003-Pontevedra

Phone numbers:

- Switchboard:
986869400//8877400
- Office: 986869407 // 8877407
- Fax: 986869429 // 8877429
- E-mail: campolongo@et.mde.es

FACILITIES

Facilities to practise:

- paddle: 3 indoor courts
- Tennis: 1 indoor court
- 3 pools
- Sports courts
- Gym for courses
- Picnic area with 4 BBQs and 13 tables
- Ball park



Instalaciones

Cafetería

Verano

Terraza

Capacidad 90 plazas



ACTIVITIES

SPORTS

Tennis and paddle schools and tournaments, yoga, pilates, gap-pilates, body pump, spinning, multi-fitness, fitness exercises, zumba, personal defence, ball dance



LEISURE TIME

Enjoy their leisure time, there is a ball park in the centre for children, a children park and in summer we organize summer camps, swimming courses, etc.

SUMMER CAMPS

In June and July, we offer 1-week camps, from Monday to Friday, 0900-1400



SOCIAL EVENTS

We organize celebrations and meetings in the centre at the request of the cutomers, as well as some other social ones



MORE INFORMACIÓN

Accessible link for ET INTRANET