

Centros Deportivos Socio Culturales Militares



CDSCM. "MELILLA"

MELILLA

LOCATION

GRAL. BAÑUL 8, HORSE-RIDING FACILITIES
C/Héroes de Alcántara 2 (62008)
Phone no.: 952673841, fax: 952673393

CABO NOVAL FACILITY
Email address: hipicamelilla@et.mde.es
C/ Paseo Marítimo Mir Berlanga 31 (52006)

CASINO MILITAR FACILITY
Plaza de España 10 (52001)



FACILITIES

Facilities for horse-riding
10 tennis courts, 14 paddle courts, 1 football pitch,
7 artificial grass pitches, 2 5-a-side pitches, 1 basket
court,
1 indoor court, 4 pools (1 indoor), 1 country-cross track,
gyms,
Aerobics rooms, , ball room, events and lectures rooms...
5 restaurants and cafeterias, gardens, etc.



ACTIVITIES

SPORTS

Tennis and paddle school (some levels); horse-riding lessons;
Rhythmic gymnastics; salsa school (Latin dance lessons); swimming lessons



OTHER ACTIVITIES

Summer camps; sport days
Basket club, athletics club
Petanque club, swimming club

COMPETITIONS AND TOURNAMENTS

- horse-riding (at least 2 competitions a year)
- Tennis and paddle lessons (4 tournaments a year at least)
- Athletics club (6 competitions a year at least)
- Rhythmic gymnastics (2 tournaments a year at least)
- Football and basketball tournaments
- Badminton and table tennis lessons and tournaments
- Cycling races



OTHER FACILITIES

Gyms, weight-lifting, bodybuilding equipment, cardio
Saunas, steam bath
Badminton, table tennis



CULTURAL AND SOCIAL ACTIVITIES

Lectures, photography exhibitions, drawing, modelling
Seminars, book launch.
Social events

MORE INFORMACIÓN

<http://www.diaper.ejercito.mde.es/>